



LEADING MINDS

Challenging Conversations in Public Education



JAN 26, 2024

**EXPLORING THE IMPACT OF SOCIAL
MEDIA ON STUDENTS' MENTAL HEALTH
AND ACADEMIC OUTCOMES**

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BALTIMORE
CURRICULUM
PROJECT

Leading Minds Program

8:00-11:00 am

Welcome Message

Harold S. Henry, Jr.

Chief of Schools, Baltimore Curriculum Project

Brenda Kahn Award

Laura Doherty

President and CEO, Baltimore Curriculum Project

Introduction of Topic and Panelist

Jayne Miller

Former Chief Investigative Reporter for WBAL-TV in Baltimore

Panel Discussion

Aria Cannizzaro

8th grade Student, Hampstead Hill Academy

Lachond Carter

Social Worker, Frederick Elementary

Michael Lucas

Assistant Principal, Hampstead Hill Academy

Joshua Civilin

Chief Legal Officer, Baltimore City Public Schools

Questions and Discussion

Moderator



Jayne Miller

Jayne Miller is the former Chief Investigative Reporter for WBAL-TV in Baltimore. She was a broadcast journalist for more than 45 years before her retirement in 2022. Her reporting led to changes in legislation, public policy and private industry practices and standards. She covered major events in the course of her career including the Three Mile Island nuclear accident, 9/11, and the Coronavirus pandemic.

Jayne’s work earned a duPont-Columbia award, an Edward R. Murrow award, a National Headliner award, and an award from the National Association of Consumer Advocates for her lengthy investigation of the mortgage servicing industry. She was recognized with a Lifetime Achievement award by the Radio Television Digital News Foundation (RTDNF) in 2022.

Jayne lives in Baltimore and is active in civic affairs, serving on the boards of several non-profits including Goodwill Industries of the Chesapeake, Leadership Baltimore County, the Canton Community Association, and Citizens Planning and Housing Association. She is now working independently on media and civic projects.

In 2024, Jayne collaborated on a documentary, “Tax Broke” that explores the consequences of tax breaks that the city of Baltimore offers to developers.

Panelists



Aria Cannizzaro

Aria Cannizzaro is an 8th grader at Hampstead Hill Academy. On October 24, 2023, she took the stage at Attorney General Brown's press conference, which announced that the state of Maryland was suing Meta. Aria provided a valuable perspective from a student's point of view, emphasizing the challenges students face in managing their online presence.



Lachond Carter

Lachond Carter is a licensed Clinical Social Worker currently practicing in the state of Maryland. Lachond graduated from Morgan State University with a Bachelors degree in Social Work. She went on to receive her Master's Degree in Social Work, with a Concentration in Children and Families from University of Maryland Baltimore School of Social Work. Lachond has provided social work services within treatment foster care, school-based services, outpatient mental health, residential treatment, and crisis intervention services. She facilitates individual therapy, group therapy, and family therapy to children, adolescents, and adults. Lachond focuses on equipping clients with the tools necessary to build healthy relationships, communicate effectively, process change, manage triggers, and become their own best advocate.

Panelists



Michael Lucas

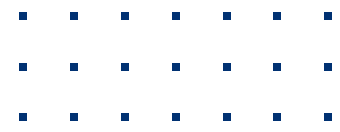
Michael Lucas has been a teacher and educator in Baltimore City Schools for 25 years. He spent 15 years teaching middle school ELA, social studies, and PE. He has also served as a principal and instructional coach. He is currently an assistant principal at Hampstead Hill Academy. Michael holds a Bachelor's Degree from the University of Michigan and a Master's Degree from Johns Hopkins University. He is a resident of Canton with his wife, Lindsey, and his 11-year-old daughter, Addy.



Joshua Civin

Joshua Civin has been the Chief Legal Officer for Baltimore City Public Schools since 2020. In this role, he has the opportunity to serve the community where he grew up and where he currently lives with his wife and their two children who attend City Schools. Prior to joining City Schools, Mr. Civin spent six years as General Counsel for Montgomery County Public Schools. Previously, he worked at the NAACP Legal Defense and Educational Fund, Inc., where he litigated educational equity and other civil rights matters in Maryland and across the nation. Mr. Civin graduated from Yale College and Yale Law School, studied history at Oxford University as a Rhodes Scholar, clerked for Justice Ruth Bader Ginsburg on the U.S. Supreme Court, and served as an elected member of the Board of Aldermen in New Haven, Connecticut. Mr. Civin is active in the Baltimore community, serving currently as board chair for the Baltimore Regional Housing Partnership.

About BCP and Leading Minds



Baltimore Curriculum Project



Founded in 1996, today Baltimore Curriculum Project (BCP) is the largest operator of local neighborhood, public charter schools in Maryland. We create safe, supportive learning environments for children PK-8 by providing innovative, research-based educational strategies, intensive teacher training and extensive support for administration and staff. We support our local neighborhood needs by tailoring our resources and support through community partnerships. As one of the longest-running charter operators in Maryland, our schools are regularly recognized as some of the most highly acclaimed neighborhood charter schools in the state.

BCP six charter schools include: City Springs Elementary/Middle, Frederick Elementary, Govans Elementary, Hampstead Hill Academy, Pimlico Elementary/Middle, and Wolfe Street Academy.

Leading Minds



Since 2008, BCP has brought together local and national experts, through the Leading Minds symposium, with the purpose of engaging in a discussion of current issues affecting Baltimore City students, in order to influence policy and improve K-12 education. Leading Minds attempts to challenge conventional wisdom through hard conversations that consider the complexity of education policy and prioritize lasting solutions over quick fixes.

BCP Winter Assembly Workshops

1

AI in the Classroom, Rm. Library

by Steve Plunk splunk@hha47.org , Abigail Green Agreen@hha47.org

In this experiential session, we'll start by defining what Artificial Intelligence is and then explore different platforms that you can use in the classroom to improve learner outcomes, accessibility, and make your job easier.

2

Knowledge is Power: Social Media Literacy & Youth Mental Health, Rm. 325

by Faith Wachter faith@faithwachter.com

Social media is a powerful tool that can be used for both good and bad. It can be used to connect with friends and family, learn new things, and stay up-to-date on current events. However, it can also be used to spread misinformation, bully others, and create harmful echo chambers. This makes social media a detrimental source for mental health issues; particularly in young people.

This session will examine the notion of social media literacy -- the ability to use social media in a safe, responsible, and ethical way -- and how teachers and school staff can promote social media literacy to help students protect their own mental health. We'll demystify how social media platforms work and discuss strategies and healthy habits for students' social media usage.

3

Magicschool.ai, Rm. 230

By Rachel Dorcheck rdorchak@bcps.k12.md.us

Have you wondered how AI can assist you with planning and engaging students? Join me for an introduction of Magic School! The use of this website can assist teachers in creating engaging lessons, connecting with students and parents, and strategies to differentiate abilities to meet the needs of all students in the classroom. I will also highlight specific strategies to support multilingual learners in the classroom. This session will be collaborative and exploratory to find the applications that best match your classroom!

BCP Winter Assembly

Workshops

4 Restorative Practices and Peer Mediation: How to educate and model appropriate online behaviors, Rm. 234

By Todd Wade tcwade@bcps.k12.md.us , BCP students

Come meet some BCP Peer Mediators, and witness a role play on how student leaders could handle a Social Media dispute. A “Q & A” will also be on the agenda, with our student leaders and their teacher leaders.

5 Epic EdTech: Tech-Driven Classroom Excellence on A-Sync Days, Rm. 127

By Kat Locke-Jones lojo@hha47.org , Steve Lohrman slohrman@hha47.org

This session aims to empower educators with strategies for supporting assessments and literacy during asynchronous learning days. The focus will be on leveraging high-tech engagement tools to enhance student participation and comprehension. If you want to learn more about Edulastic, Nearpod, Actively Learn, Canva, virtual scavenger hunts, and free teach tools- this session is for you!

6 Mental Health influencers: How to tell the good from the misinformed, Rm. 129

By Dr. Jessica Hasson jessica.hasson@orchardmentalhealth.com

The rise of social media and the decreasing stigma around mental health has led to the rise of the mental health influencer. However, not all mental health influencers are created equal. Some provide accurate information while others provide misinformation, or incomplete information, that can actually be damaging. The goal of this workshop is to open up the conversation about how mental health is portrayed on social media and begin to correct some misconceptions. Dr. Hasson will present examples of accurate mental health influencers and ones that provide incomplete/incorrect information in an effort to help participants identify these on their own. A focus of the discussion will be on social media warning signs that teachers and parents can look out for to help determine if a student may be experiencing a mental health crisis.

BCP Winter Assembly

Workshops : : : : :

7 Our Solution to Protecting Kids from Big Tech: The Maryland Kids Code, Rm. 247

Marisa Shea from 5Rights Marisa@5rightsfoundation.com ,
Delegate Jared Solomon Jared.Solomon@house.state.md.us

Join Maryland General Assembly Delegate Jared Solomon and tech privacy advocate Marisa Shea to learn more about the role legislation plays in protecting our kids online. Del. Solomon and Marisa will provide an overview of why regulation is necessary and what Maryland lawmakers can do to create the online world Maryland’s kids deserve. This workshop will further focus on Delegate Solomon’s proposed legislation, the Maryland Kids Code, covering what the bill would do, what it’ll take to make it law, and ways you can help.

8 Social Media for Teachers and Educators, 128

By Tabitha Challis tgchallis@bcps.k12.md.us

Social media is not only a good place for educators to share ideas but also showcase their careers and professions, but how do you get started and what are some best practices? Tabitha Challis, Social Media Specialist from Baltimore City Public Schools has over 18 years of experience in social media and will share best practices, tips, and guidelines for creating a meaningful professional online presence.

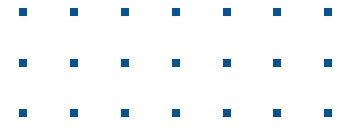
9 The Great Divide: Proactive vs Reactive attempts to address Mental Health, Rm. 315

By Kevin Dixon kadixon@bcps.k12.md.us

In this session we will explore behavioral manifestations related to mental health conditions present in our schools. We will investigate proactive solutions and reactive solutions as well as ways to understand and determine which actions may be implemented to assist our students.



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Save the Date

-ARE YOU-
SMARTER THAN A
BCP STUDENT?
MAY 13, 2024
5:30PM TO 9:30PM | BALTIMORE MUSEUM OF INDUSTRY

For event details and to purchase tickets, please visit baltimoreecp.org